

MASSAGE

Names of services	Duration (minutes)	Price (RUR)
Full-body massage • All body areas (except for foot)	90	2 700
Classical massage · Massage method for restoration of human body and health improvement	60	2 000
Relaxing massage · Unique massage method for relaxation	80	3 000
Stress-relieving massage • unique massage method to relieve stress, with effect upon face, decollete area, head, cervical region and arms	60	2 500
Anticellulite massage (thighs, buttocks, waist, belly) · Special massage method to control fat deposits	30	1 800
Tonic massage (with effect of cooling) • To stimulate microcirculation, remove atonic effects and obtain smoothness of skin and uniform color (soft cream scrub "Silk Care", activating tonic gel "Cryo Active", massage)	40	2 300
Cervical region massage · Massage method to relieve tensions in cervical region	20	1 200
Massage of cervical region and upper extremities	30	1 500
Massage of cervical region and head	30	1 500
Massage of back (cervical region, lumbar spine, thoracic section) • Effective method of restoration and relaxation of back muscles	40	1 700
Massage of lower extremities (except for feet)	20	1 300
Foot massage (with cotton socks)	20	1 000
Massage of lumbar spine and lower extremities	30	1 700
Massage of back + lower extremities	40	2 000
Classical face massage	20	1 000
Children massage (3 – 12 years)	40	1 500



BODY CARE

Body Wraps		
Names of services	Duration (minutes)	Price (RUR)
Chocolate body wrap (white or dark chocolate)	30	1500
Laminaria leaves	30	1 500
Fruit (grape, pineapple, mango)	30	1 500
Anti-cellulite	40	1 800
Sea weeds	30	1 500
Corrective bandage body wrap · Areas affected: legs, buttocks, waist	60	2 300
Chocolate body wrap "Hot Chocolate Slim	40	1 800
Scrubs		
Coffee & Chocolate	20	1 500
Fruit (grape, pineapple, mango)	20	1 500
Coconut	20	1 500
Salts & Seaweeds	20	1 500
Press Therapy		
All-body press therapy	60	1300
Upper extremities press therapy	30	900
Lower extremities press therapy	30	900
Extra services to press therapy		
Anti-cellulite body wrap "Anti-Cellulite Intensive"		1 200
"Lift Active" mask with sculpturing effect		1 200



COMPREHENSIVE BODY CARE SPA PROGRAMS

Names of services	Duration (minutes)	Price (RUR)
Lean body cult SPA procedure for shaping of a beautiful and delicate body with young and healthy skin The program includes: Relaxing massage Coconut scrub Red clay body wrap with use of guarana and fucus Face skin nourishing mask	90	3 500
Lifting effect The program includes: Sea salt scrub Anti-cellulite massage Anti-cellulite and shaping body wrap Moisturizing cream "Vitality SPA" of firming effect	90	3 500
 Chocolate care Chocolate body wraps widen blood vessels and activate blood circulation The program includes: Relaxing massage Chocolate scrub Chocolate body wrap Face skin nourishing mask 	90	3 500
Hydration and mineralization • To improve metabolism processes and accelerate fat splitting The program includes: • Relaxing massage • Salt scrub with sea weeds • Ghassoul clay body wrap • Face skin nourishing mask	90	3 500
Fruit joy Body care SPA program with use of tropical fruit to bring you back in summer. The program includes: Relaxing massage Fruit scrub (grape, pine apple, fruit and berries, apple and cinnamon) Fruit body wrap Face skin nourishing mask	90	3 500



FACE CARE

Names of services	Duration (minutes)	Price (RUR)
Express skin care program: face, neck and decollate with alginate mask (depending upon skin type) The program includes: - cleansing and toning - enzymatic peeling - classical mask depending upon skin type - neck and decollate care and massage - intensive care - alginate mask depending upon skin type - finishing care	60	2 000
Face care with mineral mud mask "Phandys" (Hungary) The program includes: - cleansing and toning - enzymatic peeling - mineral mud mask - finishing care	50	1 600
Sugar SPA face care "Phandys" (Hungary) The program includes: - cleansing and toning - vacuum massage of face, neck, decollate area - face skin sugar cleansing - mineral mud mask - finishing care	80	2 400
Carboxytherapy Non-invasive (injection-free) CARBOXYTHERPAPY is a unique method, based upon saturation of cells with oxygen thank to pre-dosed administration of carbon dioxide. Saturated gel-activator starts a series of reactions to release carbon dioxide and provide for saturation of skin tissues with oxygen. During this procedure, microcirculation and trophism of tissues improve, skin tone, skin vibrancy and healthy complexion recover, and swellings subside.	50	1900
Sculpturing face massage (lifting) Effects of the sculpturing face massage are achieved due to intensive treatment of face muscles to improve and intensify trophism of tissues and stimulate blood formation and lymphopoiesis.	45	2 000
Alginate mask	30	1 000
Face skin care program with ultrasound cleansing The program includes: - cleansing and toning - face skin ultrasound cleansing - darsonvalization - calming care - finishing care	60	2 500



SUGAR DEPILATION PANDHY'S

Names of services	Prices (RUR)
For women	
Arm pits	400
Shins/hips	900
Legs	1 500
Bikini classical	1 000
Bikini full	1 500
Arms	800
Face area	300
· Sugar SPA care for legs prior to depilation of shins and legs	800/1200
· Special mask for ingrown hair removal	500
Complex 1: arm pits + sugar SPA care + legs + bikini	4 300
Complex 2: arm pits + legs + bikini	3 100
Complex 3: arm pits + legs + bikini	2 500
Complex 4: legs + bikini	2 700
For men	
Arm pits	800
Back (+shoulders)	1 500
Arms	1300
Breast / neck / shoulders	1000



HAIRSTYLISTS' SERVICES

Names of services	Price (RUR)
Women's hair-cuts	700-1300
Men's hair-cuts	450-750
Children's hair-cuts (children under 7)	300-450
Hair trim to one length	500
Fringe styling	250
Hair washing and drying	250-650
Hair pigmentation	1000-3500
Hair toning	800-1500
Highlighting	2500-4500
"Shatush", "Ombre", "Balayage" highlighting	3500-6500
Near-root highlighting (up to 3 cm)	2 300
Frayed ends removal	500-1500
Hair setting	650-2500
Curls volumizing	1700-2500
Hair decoloration	from 2500
Eyebrow correction (men)	200-300



NAIL ARTISTS' SERVICES

Names of services	Duration (min.)	Prices (RUR)
Classical manicure for women	40	500
Classical manicure for men	40	700
Combined manicure / hardware manicure	30	700
Manicure with nail gel-lacquer coating (one color tone)	120	1200
Manicure with nail gel-lacquer coating French	120	1 500
Nail gel-lacquer coating (no manicure)	40	800
Lacquer coating	15	300
Nail art (one nail)		100-300
Gel-lacquer removal	15	300
Lacquer removal	5	100
Nail repair (one nail)		from 150
Nail plate strengthening	30	500
Full pedicure for women	60	1 500
Full pedicure for men	120	2 000
Nail treatment (women)	30	700
Nail treatment (men)	60	800
Pedicure + gel-lacquer coating (one color tone)	120	2 200
SPA-manicure	60	900
SPA-pedicure	120	1900
Package: manicure with gel-lacquer coating + pedicure with gel-lacquer coating		3 200
Eyelash extensions		from 1 700